



Monday	Tuesday	Wednesday	Thursday	Friday
Italian Meatball Sandwich on Bun(24) Baked Green Beans(3) Diced Peaches(15) 1% White or FF Flavored Milk(20) Salad Bar 1 547:921:64	Turkey Burger on WW Bun(26) Diced Roasted Sweet Potatoes (16) Fresh Apple slices(2) 1% White or FF Flavored Milk(20) Salad Bar 2 520:1274:66	Asian Chicken over Brown Rice(48) Fresh Broccoli & Ranch Dressing(3) Fresh Banana(23) 1% White or FF Flavored Milk(20) Salad Bar 3 780:1972:96	Walking Taco w/ WG Corn Chips(29) Mexican Pinto Beans(20) Fresh Apple(19) 1% White or FF Flavored Milk(20) Salad Bar 4 643:1105:89	Baked Savory Meat Loaf w/ WW Dinner Roll(25) Seasoned Roasted Potatoes (27) Diced Pears(14) 1% White or FF Flavored Milk(20) Salad Bar 5 601:1185:86
Classic Cheeseburger on WW Bun(29) Potato Wedges(16) Mandarin Orange(20) 1% White or FF Flavored Milk(20) Salad Bar 8 711:1312:86	Oven Baked Chicken Nuggets w/ Goldfish Savory Carrots Coins(3) Fresh Orange(19) 1% White or FF Flavored Milk(20) Salad Bar 9 507:756:73	Cheeseburger Meatloaf on WW Bun (32) Baked Beans(22) Fresh Banana(23) 1% White or FF Flavored Milk(20) Salad Bar 10 628:1217:98	Grilled Chicken Salad w/ Breadstick(17) Tossed Salad with Ranch(3) Fresh Apple(19) 1% White or FF Flavored Milk(20) Salad Bar 11 774:1393:60	WG Pepperoni Pizza Slice(31) Baby Carrots w/ Ranch(6) Fresh Apple(19) 1% White or FF Flavored Milk(20) Salad Bar 12 626:1379:77
BBQ Pulled Chicken on WG Bun(34) ColeSlaw(7) Pineapple Tidbits(17) 1% White or FF Flavored Milk(20) Salad Bar 15 487:1254:79	Beef Soft Taco on WW Tortilla(20) Mexican Pinto Beans(20) Fresh Orange(19) 1% White or FF Flavored Milk(20) Salad Bar 16 564:1118:80	Macaroni & Cheese w/ WG Breadstick(40) Baby Carrots w/ Ranch(6) Fresh Banana(23) 1% White or FF Flavored Milk(20) Salad Bar 17 838:1600:89	Salisbury Steak with Cornbread(35) Mashed Potato(11) Diced Peaches(15) 1% White or FF Flavored Milk(20) Salad Bar 18 613:1025:81	Teriyaki Beef Dippers w/ WW Dinner Roll(31) Teriyaki Glazed Broccoli (12) Fresh Apple(19) 1% White or FF Flavored Milk(20) Salad Bar 19 530:2660:83
Breaded Chicken Patty on WW Bun(40) Baked Beans(22) Diced Pears(14) 1% White or FF Flavored Milk(20) Salad Bar 22 664:1382:97	Beef & Cheese Nachos w/ WG Corn Chips(39) Mexican Salsa(6) Fresh Apple(19) 1% White or FF Flavored Milk(20) Salad Bar 23 622:1592:85	Chicken Penne w/ WG Breadstick(33) Baked Green Beans(3) Fresh Banana(23) 1% White or FF Flavored Milk(20) Salad Bar 24 475:709:81	Beef Sloppy Joe on WW Bun(34) Potato Wedges(16) Fresh Orange(19) 1% White or FF Flavored Milk(20) Salad Bar 25 564:1002:89	No School 26
Happy Memorial Day! No School 29	BBQ Beef Rib Patty on Bun(28) Seasoned Greens(5) Fresh Apple(19) 1% White or FF Flavored Milk(20) Salad Bar 30 515:927:73	Chicken ala King with WW Dinner Roll(18) Mashed Potato(11) Fresh Banana(23) 1% White or FF Flavored Milk(20) Salad Bar 31 488:693:73	547:921:64	547:921:64



Thought for Thought

Well done is better than well said. - Anon.

Tips & Information

4/18/2017 12:58:15 PM

Nutrition Key -> Cals:Sodium(mg):Carbs(g) - Item Carbs(g) in ()

AvgCals:599 AvgSod(mg):1231 AvgCarbs(g):79

"or:" = An alternative selection to choose. "WG"=Whole Grain
 1% White & Fat Free Chocolate Milk available daily.

****Menu Subject to Change****

This institution is an equal opportunity provider.

