The summer solstice occurs exactly when the Earth's and the moon's axial tilt is most inclined towards the sun, at its maximum of 23° 26'. Though the summer solstice is an instant in time, the term is also colloquially used like Midsummer to refer to the day on which it occurs. Except in the polar regions (where daylight is continuous for many months), the day on which the summer solstice occurs is the day of the year with the longest period of daylight. The Sun reaches its highest position in the sky on the day of the summer solstice. Make the most of it - see you in September!

Nutrition Key -> Cals:Sodium(mg):Carbs(g) - Item Carbs(g) in ( )
AvgCals:458 AvgSod(mg):385 AvgCarbs(g):)79
"or:" = An alternative selection to choose. "WG"=Whole Grain
1% White & Fat Free Chocolate Milk available daily.

\*\*Menu Subject to Change\*\*

This institution is an equal opportunity provider.



No School

385:270:73

22

466:215:85

No School

23

30

1% or FF White Milk(13)

506:405:98

No School

19

26

458:295:75

No School

20

438:240:75

No School

21

28